MILPERSMAN 1420-030

REGULATIONS GOVERNING PHYSICAL EXAMINATIONS FOR PROMOTION OF COMMISSIONED OFFICERS AND COMMISSIONED WARRANT OFFICERS

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References	(a) SECNAVINST 1412.6L

1. **Policy**. No officer of the Regular Navy or the Navy Reserve on active duty may be promoted to a grade above warrant officer (W-2) until, as reflected by the officer's most recent physical examination, the commanding officer (CO) has determined that the officer meets retention medical standards and is physically qualified for promotion.

2. Physical Qualifications for Promotion

- a. The standard that constitutes physical qualification for promotion of an officer is the officer's physical fitness to perform duties of the grade for which eligible to a degree that would reasonably fulfill the purpose of the officer's employment on active duty in the officer's category. For officers of the Navy Reserve, this standard constitutes the physical standard for retention in the Navy Reserve. For Regular Navy permanent warrant officers, this standard is the standard for retention on active duty. "Category" as used here means
- an officer's classification as an officer in the line not restricted in the performance of duty;
- an officer designated for engineering duty, aeronautical engineering duty, special duty, or limited duty (LIMDU); or
- an officer in one of the Staff Corps of the Navy.

"Limited duty" as used here means LIMDU in the technical fields as distinguished from LIMDU for physical reasons.

b. Each officer's physical qualifications for promotion will be determined in the Navy Department from the officer's most recently reported physical examination in conjunction with the officer's records and duty status, except for the temporary promotion of ensigns, which is explained below. Additional physical examinations conducted exclusively for the purpose of determining physical qualifications for promotion are not required unless specifically ordered.

3. Situations Causing Further Review

- a. Subject to any further review of the records in the Navy Department that may be indicated, and action resulting from that review, an officer shall be considered physically qualified provided the officer is not in one of the following situations:
 - (1) Undergoing hospitalization.
 - (2) On sick leave.
- (3) Awaiting appearance before a physical evaluation board (PEB).
- (4) Classified as fit for LIMDU based on the recommendations of a medical board.
- (5) Awaiting final action on the recommended findings of a PEB or a medical board.
- b. The foregoing criteria may not exclude from promotion an officer who, if otherwise eligible, is determined to be not physically qualified for promotion when Chief, Bureau of Medicine and Surgery (BUMED) determines
- that the officer's physical disqualification was by reason of wounds received in the line of duty, and
- that such wounds do not incapacitate the officer for the performance of useful service in the higher grade.

4. Promotion of Ensigns

a. COs of ensigns eligible for promotion are authorized to consider them physically qualified for promotion under the regulations described above. Unless the ensign is in one of the situations enumerated above, they will normally be considered physically qualified for promotion. This does not limit a CO's

authority to order an eligible ensign to report for a special physical examination for promotion. Ensigns in one of the situations enumerated above, or who are otherwise not considered physically qualified for promotion, should be considered for a delay of their promotion per reference (a).

b. Notwithstanding any other provision of this article, ensigns assigned **designator 11XX, 13XX, or 6XXX,** and known to have defective color perception, shall be considered not physically qualified for promotion.